

Picandou wrapped in a courgette



Informations

People : **4** Preparation : **15 min.** Cooking time : **15 min.**

Ingredients

- 4 Picandou
- 1 courgette
- Sea salt and pepper

Preparation steps

- 1. Slice the courgette thinly lengthwise and boil in salted water for 2 minutes. Leave to cool.
- 2. Place two courgette slices next to one another and place another two on top to make a cross.
- 3. Put a Picandou in the middle and fold the courgette slices over to wrap the cheese. Repeat with the other 3 Picandou cheeses.
- 4. Grill on the plancha for a few minutes on each side.
- 5. Season with sea salt and pepper before serving.